

ST. THOMAS THE APOSTLE EPISCOPAL CHURCH

AUGUST 8, 2021 – 9:00AM ONLINE SERVICE

Words to music will be included in the video.

Collect of the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

THE EPISTLE: *Ephesians 4:25-5:2*

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

PSALM: *Psalms 130 Ecce, quam bonum!*

1 *Out of the depths have I called to you, O Lord; Lord, hear my voice; **

let your ears consider well the voice of my supplication.

2 *If you, Lord, were to note what is done amiss, * O Lord, who could stand?*

3 *For there is forgiveness with you; * therefore you shall be feared.*

4 *I wait for the Lord; my soul waits for him; * in his word is my hope.*

5 *My soul waits for the Lord, more than watchmen for the morning, **

more than watchmen for the morning.

6 *O Israel, wait for the Lord, * for with the Lord there is mercy;*

7 *With him there is plenteous redemption, * and he shall redeem Israel from all their sins.*

THE GOSPEL: *John 6:35, 41-51*

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."